Factsheet

NBOMes

What are NBOMes?

NBOMe (N-methoxybenzyl) is the name for a series of drugs that have hallucinogenic effects. Reports indicate that there are a number of different versions of NBOMe available – all with differing effects.

Hallucinogens also known as 'psychedelics' change the way a person perceives the world and can affect all the senses, altering a person's thinking, sense of time and emotions.

NBOMe drugs are also referred to as a New Psychoactive Substances (NPS) because they are designed to mimic or produce similar effects to common illicit drugs such as LSD.

Due to the lack of formal research on NBOMes, the information in this article has been informed by anecdotal reports and case studies rather than scientific sources. This page will be regularly updated, as new information is produced.

Other names for NBOMes

N-Bomb, Bom-25, 2C-I-NBOMe, 25-I-NBOMe, 25I, Pandora, Solaris, Diviniation, wizard and Smiley Paper.

25-I-NBOMe is not the same as 2C-I. It is important they are not confused because 25-I-NBOMe is a lot stronger and the effects are felt when only a very small amount is taken. It is therefore much easier to overdose after using 25-I-NBOMe.

There have been reports that NBOMes have also been included in some ecstasy pills.

What do they look like?

NBOMes can be in the form of blotting paper (similar to LSD) with images and logos from popular culture, clear liquid, white powder or a pill. NBOMes have a very bitter taste whereas LSD has no taste.

How are they used?

Most forms of NBOMe are inactive if swallowed, and the most common methods of taking them are under the tongue, held in the cheek or snorted.

Effects of NBOMes

There is no safe level of drug use. Use of any drug always carries some risk – even prescribed medications can produce unwanted side effects.

As no scientific studies have been conducted on the effects of NBOMes on humans, the following effects have been informed by reports from people who think they have used the drug.

Low to moderate doses of NBOMes can produce effects that last between 4 – 10 hours.

NBOMes affect everyone differently, but reported effects have included:

- Seeing and hearing things that aren't there
- Feeling happy and relaxed
- Heightened senses (sight, hearing and touch)
- Increased sex drive
- Feelings of empathy
- Large pupils
- Memory lapses
- Facial flushing, chills, goose bumps
- Small increase in heart rate

If a large amount or a strong batch is taken, the following may also be experienced:

- Confusion
- Difficulty communicating
- Nausea
- Restless sleep and exhaustion
- Paranoia, fear and panic
- Agitation and aggression
- Rapid spasms in the eye
- Difficulty urinating
- Rapid heart rate
- Rapid or difficulty breathing
- Overheating (hyperthermia)
- Numbness and swelling of feet, hands and face
- Blue fingers and toes
- Seizures
- Death

Triple zero (000) should be called immediately if someone is experiencing these effects. Ambulance officers don't have to involve the police.

There have also been reports of deaths as a result of car accidents, suicide and drownings.

Using an NBOMe carries a high risk of overdose due to the small difference between the amount required to produce a 'high' and that which causes overdose. Not knowing the amount contained in the tablet or blotter increases the risk of overdose as it's easy to take too much.

Long-term effects

As the use of NBOMes is relatively new, long term effects have not yet been established.

Taking an NBOMe with other drugs

The effects of mixing an NBOMe with other drugs, including alcohol, prescription medication and over-the-counter medicines are not known. However, reports of people attending emergency departments after taking an NBOMe demonstrate that alcohol and other drugs may contribute to overdose effects.

Getting help

If your use of NBOMes is affecting your health, family, relationships, work, school, financial or other life situations, you should seek help and support.

Further Information

The Druginfo website has information on:

- Help & support services
- Treatment
- New psychoactive substances (NPS)
- References for this fact sheet

Go to druginfo.adf.org.au

These fact sheets are funded by



Factsheet

Stay informed

twitter.com/AustDrug linkedin.com/company/australian-drug-foundation facebook.com/AustralianDrugFoundation grogwatch.adf.org.au adf.org.au/subscribe

Level 12, 607 Bourke Street, Melbourne PO Box 818 North Melbourne Victoria Australia 3051

Email

Telephone **1300 85 85 84**

Page 3/3

NBOMes

May 2016

© The Australian Drug Foundation, 2016. ABN 66 057 731 192. This fact sheet offers general information only. The Australian Drug Foundation recommends that you obtain professional advice based on your individual circumstances before acting on information in this fact sheet.